

CURRICULUM VITAE
Rebecca Miller, PhD

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Contact Information:

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Education:

09/1994-05/1997 BA, Psychology, Barnard College, Columbia University, New York, NY
09/2000-09/2002 MA, Clinical Psychology, Long Island University Brooklyn, Brooklyn, NY
09/2000-09/2006 PhD, Clinical Psychology, Long Island University Brooklyn, Brooklyn, NY

Career/Academic Appointments:

07/2004-06/2005 Predoctoral Fellow, Clinical/Community Psychology, Department of Psychiatry, Yale School of Medicine, New Haven, CT
07/2005-06/2007 Postgraduate and Postdoctoral Training, Yale Program for Recovery and Community Health, Yale School of Medicine, New Haven, CT
07/2007-06/2010 Associate Research Scientist, Department of Psychiatry, Yale School of Medicine, New Haven, CT
07/2009-06/2010 Fellowship in Public Sector Mental Health Administration, Connecticut Mental Health Center, Yale School of Medicine, New Haven, CT
07/2010-06/2013 Instructor, Department of Psychiatry, Yale School of Medicine, New Haven, CT
07/2013-06/2014 Associate Research Scientist, Department of Psychiatry, Yale School of Medicine, New Haven, CT
07/2014-06/2020 Assistant Professor, Department of Psychiatry, Yale School of Medicine, New Haven, CT
07/2020-present Associate Professor, Department of Psychiatry, Yale School of Medicine, New Haven, CT

Administrative Positions:

2010-present Director, Peer Support, Connecticut Mental Health Center, Yale School of Medicine, New Haven, CT
2011-2016 Director, Volunteer Services, Connecticut Mental Health Center, Yale School of Medicine, New Haven, CT
2012-2017 Director, Summer College Internship, Connecticut Mental Health Center, Yale School of Medicine, New Haven, CT
2015-present Director, Family Initiatives, Connecticut Mental Health Center, Yale School of Medicine, New Haven, CT

Board Certification:

Licensed Clinical Psychologist, State of Connecticut, #02976, current through 3/31/2023

Professional Honors & Recognition

National/Regional

- 2019 *Goldberg Leadership in Education Award* for an outstanding record of teaching in public service psychology, Division 18, Psychologists in Public Service, American Psychological Association, Washington, DC
- 2017 *Excellence in Training Award* by APA Division 18 (Psychologists in Public Service) Serious Mental Illness/Serious Emotional Disturbance section (awarded to CMHC predoctoral fellowship program faculty), Washington, DC
- 2010 *Distinguished Early Career Contribution to Psychology*, Connecticut Psychological Association, CT

University

- 2018 *Distinguished Faculty Award* for outstanding contributions as a teacher, Yale University School of Medicine, Department of Psychiatry, Psychology Section, New Haven, CT

Invited Speaking Engagements, Presentations, Symposia & Workshops Not Affiliated with Yale:

International/National

1. “Psychiatry without Hospitals: What is the role of the peer?”, Graph Congress for Psychiatry, Marseille, France. 2008.
2. “Picturing change: Using Photovoice to promote understanding.” National Alliance on Mental Illness (NAMI) Consumer Leadership Summit, NAMI Wisconsin, Stevens Point, WI, 2009.
3. “Forensic Peer Support”, Peerstar, Johnstown, PA. 2010 (3 days).
4. “Taking the Wheel: Pre-Planning Preparation and Quality Assessment in Person Centered Care for People with Mental Illness and/or Addictions in Connecticut.” Money Follows the Person Conference, Baltimore, MD, 2011.
5. “Person Centered Planning Training and Consultation (5 days), New Life Psychiatric Rehabilitation Association, Hong Kong, China, 2011.
6. “Peer Support and Person Centered Planning.” ASPIN 1st Annual Peer Support Conference, Indianapolis, IN, 2011.
7. “Recovery-oriented practice: Person/Family-centered care.” BRSS TACS Substance Abuse and Mental Health Services Administration webinar, 2013.
8. “The patient experience: Psychosis and Parkinson’s Disease.” 4th World Parkinson’s Congress, Portland, OR, 2016.
9. “Tips and Tricks for maintaining work life balance with Young Onset Parkinson’s Disease.” 5th World Parkinson Congress, Kyoto, Japan, 2019.
10. “Evidence-based approaches to involving family, friends and others in the recovery process.” Preconference Psychosis Interest Group symposium, Association for Behavioral and Cognitive Therapies (ABCT) Annual Conference, Atlanta, GA, 2019.
11. “Deprescribing in psychiatry.” Grand Rounds, Brattleboro Retreat, Brattleboro, VT, 2019.
12. “Trauma informed and recovery-oriented care: Correlations and congruencies.” New England Mental Health Technology Transfer Center webinar, 2019.
13. “Extreme states and COVID-19”, New England Mental Health Technology Transfer Center webinar, 2020
14. “Living with PD in the time of COVID”. Webinar presented by Parkinson’s Concierge, UK, 2020.

15. “Falling for it: Living well with YOPD.” Envisioning Parkinson’s, 1st International Young Onset Parkinson’s Disease Conference, Leicester, UK, 2020. Canceled due to COVID 19.
16. “Living with YOPD and raising a family”, World Parkinson’s Congress Virtual, 2021.
17. “Assessment in Parkinson’s Disease”, Grand Rounds presented by Parkinson’s Foundation, 2022.
18. “Treating Depression and Anxiety in Parkinson’s Disease”, Grand Rounds presented by Parkinson’s Foundation, 2022.

Regional

1. Invited speaker, Department of Mental Health and Addiction Services Manager’s Day, Middletown, CT. “CMHC Peer initiatives in health and wellness.” 2015
2. Invited speaker, River Valley Services, Department of Mental Health and Addiction Services, Middletown, CT. “Getting in the driver’s seat: Person centered approaches to care.” 2015
3. Invited speaker, Recovery Conference, Continuum of Care, Inc., New Haven, CT. “Knitting together recovery: Weaving together a life.” 2017
4. Invited speaker, Grand Rounds, Greater Bridgeport Mental Health Center, Department of Mental Health and Addiction Services, Bridgeport CT. “Deprescribing in psychiatry: Emerging best practices.” 2017
5. Invited speaker, Western Connecticut Mental Health, Department of Mental Health and Addiction Services, Waterbury, CT. “Deprescribing in psychiatry: Emerging best practices.” 2017
6. Invited speaker, *Sociology of Mental Health* class, Quinnipiac University, Hamden, CT. “CMHC and Peer Support.” 2019
7. Invited speaker, *Naming Madness* Symposium, Wesleyan University, Middletown, CT. “How now? Thoughts on reforming the mental health system.” 2019
8. “Peer support and WRAP: Maximizing mutual support.” Danbury Catchment Area Council, Danbury, CT, 2020.

Peer-Reviewed Presentations & Symposia Given at Meetings Not Affiliated with Yale:

1. Speaker, United States Psychiatric Rehabilitation Association National Conference, Norfolk, VA. “Taking the plunge: Launching the Parachute Factory.” 2009
2. Speaker, United States Psychiatric Rehabilitation Association National Conference, Norfolk, VA. “Getting in the Driver’s Seat of Your Treatment: A Toolkit for Person Centered Planning.” 2009
3. Poster, United States Psychiatric Rehabilitation Association National Conference, Boston, MA. “Results of a person-centered planning intervention.” 2009
4. Speaker, Institute on Psychiatric Services Annual Conference, New York, NY. “Innovative peer support services for individuals with serious mental illness in an academic community mental health center.” 2012
5. Speaker, Institute on Psychiatric Services Annual Conference, New York, NY. “Peer health navigation in an integrated care clinic.” 2015
6. **Miller, R.**, Howe, D, Sprull, S. Presenter, Institute on Psychiatric Services Annual Conference, New York, NY. “Recovery in action: Promoting culture change through recovery stories.” 2015

7. **Miller, R**, Carr, E. Poster, American Psychological Association, Division 18 Psychologists in Public Service Annual Conference, Hartford, CT. “An innovative summer internship in community mental health”. 2015
8. Gupta, S, **Miller, R**. Poster presentation, American Psychiatric Association Annual Conference, New York, NY. “Survey of practices, attitudes and barriers to deprescribing psychiatric medications.” 2018
9. Pavlo, A, **Miller, R**, Styron, T, Davidson, L. Workshop, Society for Humanistic Psychology Annual Conference, Denver, CO. “Home Groups Workshop: Creating hybrid psychotherapy groups with peers.” 2018
10. **Miller, R**, Steingard, S, Lavy, T, Cohen, E. Panel presentation at the International Society for Psychological and Social Approaches to Psychosis (ISPS), 17th Annual US Conference, Philadelphia, PA. “The process, practice, and provocation of discontinuing or deprescribing psychiatric medication.” 2018
11. **Miller, R**, Pavlo, A Continuing Education ½ day Workshop, for the American Psychological Association Office of Continuing Education at the APA Annual Convention, Washington, DC. “Deprescribing and shared decision making: Psychologists at the leading edge.” 2020 Canceled due to COVID-19
12. **Miller, R**, Carr, ER. “Experiential Context Training: Inpatient Visualization” American Association for Community Psychiatry. Canceled due to COVID-19. 2020 Workshop

Regional

1. **Miller, R**, Bellamy, C, Klee, A. Connecticut Psychological Association Annual Convention, Haddam, CT. “The role of psychologists in peer support.” 2014
2. **Miller, R**, Carr, ER, Connecticut Psychological Association Annual Convention, Haddam, CT. “Psychologists in Recovery oriented care - What is the role of self-disclosure?” 2015
3. **Miller, R**, Hunt, M, Klee, A, Akhbar, M. “Innovative roles for psychologists.” Connecticut Psychological Association Annual Convention, Haddam, 09/2016 (Symposia)
4. **Miller, R**, Carr, ER, DeBrul, SA, Panel presentation, Rebellious Psychiatry 2nd Annual Conference, Yale Department of Psychiatry, New Haven, CT. “Teaching trainees about advocacy through experiential learning.” 2018
5. **Miller, R**, Guy, K, Carr, ER. “Women and Serious Mental Illness: Learning from history, research, and voices of experience to promote systems change.” Panel presentation, Women’s Mental Health conference, Yale Department of Psychiatry, New Haven, 05/2019.

Professional Service

Journal Service:

Editorial Board

Community Mental Health Journal

2021-present Associate Editor

Reviewer

American Journal of Psychiatric Rehabilitation, Canadian Journal of Community Mental Health, Community Mental Health Journal, Journal of Psychotherapy Integration, Psychiatric Rehabilitation Journal, Psychiatric Services, Psychological Services, Journal of Mental Health, Professional Psychology: Research and Practice, Psychosis

Service for Professional Organizations:

American Psychological Association

- 2022-present Surveyor, Joint Accreditation for Continuing Education
2020-2021 Chair, Marketing and Communications Committee, reporting to the American Psychological Association's Specialty Council for Psychological Training in Mental Illness Psychology.
2017-present Member, Serious Mental Illness (SMI/SED) Section, Division 18 (Psychologists in Public Service); Web Coordinator & Awards Committee member
2016-2020 Member, APA National Continuing Education Committee (CEC)
2014-present Reviewer, Division 18 APA National Conference presentations
2005-present APA member, Division 18 (Public Service), Division 12 (Clinical)

International Institute for Psychiatric Drug Withdrawal

- 2020-2021 Board Member
2021 – present Associate

The Michael J. Fox Foundation Patient Council

- 2021 Member

Parkinson's Foundation

- 2015-2018 People with Parkinson's Advisory Council
2020-present Aware in Care Ambassador
2022-present Continuing Education planning committee member

World Parkinson Congress (WPC)

- 2016 Program planning committee member, 4th WPC
2019 Delegate, 5th WPC
2020 Young Onset PD Fundraiser co-chair, 6th WPC

Public Service / Media Presence:

Media Presence:

1. Featured on Interview, Radio Parkies, Feb 2022
2. "The long road to hope", Documentary, <https://parkinsontv.org> Parkinson's TV. Rochester, NY. 2022
3. Podcast, *When Life Gives You Parkinson's* <https://curiouscast.ca/podcast/160/when-life-gives-you-parkinsons/> Featured in 2019, 2020 & 2022 episodes
<https://omny.fm/shows/when-life-gives-you/the-dbs-journey-part-one-of-two-your-brain-control>
https://omny.fm/shows/when-life-gives-you/deep-brain-stimulation-is-it-worth-it-5?in_playlist=when-life-gives-you!podcast
https://omny.fm/shows/when-life-gives-you/wpc-ep9-9?in_playlist=when-life-gives-you!podcast
4. "Raising a child while living with YOPD" Article in InMotion: A Magazine for the Parkinson's Community, Issue 3 Spring 2021, p. 14, parkinsonsvic.org.au

Bibliography:

Peer-Reviewed Original Research

1. **Miller R**, Davidson L. Promoting play and pleasure in recovery from mental illness. Directions in Mental Health Counseling 2008; Vol 17.

2. Davidson L, **Miller R**, Flanagan E. What's in it for me? The utility of psychiatric treatments from the perspective of the person in recovery. *Epidemiologia e Psichiatria Sociale* 2008; 16(3): 177-181.
3. Flanagan E, **Miller R**, Davidson L. Unfortunately, we treat the chart: Sources of stigma in mental health settings. *Psychiatric Quarterly* 2009; 80(1): 55-64.
4. Sells D, Sledge WH, Wieland M, Walden, D, Flanagan, E, **Miller, R**, Davidson, L. Cascading crises, resilience, and social support within the onset and development of multiple medical conditions. *Chronic Illness* 2009; 5(2): 92-102.
5. Lawless M, Rowe M, **Miller R**. New visions of me: Finding joy in recovery with women who are homeless. *Journal of Dual Diagnosis* 2009; 5(3-4): 305-322.
6. Kidd S, **Miller R**, Boyd G, Cardena I. "People will think that just because you laugh, you are crazy": Relationships between humor and stigma, subversion, and genuine connection among persons with severe mental illness. *Qualitative Health Research* 2009; 20(10): 1421-1430.
7. Tondora, J, O'Connell, M, **Miller, R**, Dinzeo, T, Bellamy, C, Andres-Hyman, R, Davidson, L. A clinical trial of peer-based culturally responsive person-centered care for psychosis for African Americans and Latinos. *Clinical Trials* 2010; 7(4), 368-379.
8. Rowe, M, Clayton, A, Benedict P, Bellamy, C, Antunes, K, **Miller, R**, Pelletier, J-F, Stern, E, O'Connell, M. Going to the source: Citizenship outcome measure development. *Psychiatric Services* 2012; 63: 445-450.
9. Davidson L, Bellamy C, Guy K, **Miller R**. Peer support among persons with severe mental illnesses: A review of evidence and experience. *World Psychiatry* 2012; 11: 123-128.
10. Tondora J, **Miller R**, Davidson, L. (2012). The top ten concerns about implementing person centered care in public mental health systems. *International Journal of Person Centered Medicine*, 2(3).
11. Carr, ER, Bhagwat, R, **Miller, R**, Ponce, AN. (2014). Training in mental health recovery and social justice in the public sector. *The Counseling Psychologist*, 42, 1108-1135.
12. **Miller, R**, Carr, ER, Utter, L, Styron, T, Steiner, J. (2016). A foot in the door: Development of a summer student internship in community mental health. *Academic Psychiatry*, 41(2), 282-284. DOI: 10.1007/s40596-016-0540-0
13. Carr, E. R., & **Miller, R**. (2017). Expanding our reach: Increasing the role of psychologists in public and community mental health. *Psychological Services*, 14(3), 352-360. DOI: 10.1037/ser0000094
14. **Miller, R**. (2017). Code [Personal account]. *Psychiatric Services*, 68, 1216.
15. Kamens, SR, Cosgrove, L., Peters, S. M., Jones, N., Flanagan, E., Longden, E., ...**Miller, R**. & Lichtenberg, P. (2018). Standards and guidelines for the development of diagnostic nomenclatures and alternatives in mental health research and practice. *Journal of Humanistic Psychology*, DOI: 0022167818763862.
16. **Miller, R.**, & Pavlo, A. (2018). Two experts, one goal: Collaborative deprescribing in psychiatry. *Current Psychiatry Reviews*. 14(1), 1-7.
17. Gupta, S., Cahill, J., & **Miller, R**. (2018). Deprescribing antipsychotic medications: A guide for prescribers. *British Journal of Psychiatry Advances*. 24(5), 295-302.
18. Ponce, AN, Carr, ER, **Miller, R**, Olezeski, C. L., & Silva, M. A. (2019). Psychologists as educators: Creating change in community mental health. *Professional Psychology: Research and Practice*. DOI: 10.1037/pro0000253
19. Hunt, M. G., **Miller, R. A.**, Stacy, M. A., Lynam, S. & Carr, E. R. (2019). Public servant, silent servant: A call to action for advocacy training in public service. *Psychological Services*. DOI: 10.1037/ser0000387

20. Clayton, A., **Miller, R.**, Gambino, M., Rowe, M., & Ponce, A. (2019). Structural barriers to citizenship: A mental health provider perspective. *Community Mental Health Journal*, DOI: 10.1007/s10597-019-00490-w
21. Mutschler, C., **Miller, R.**, Bromage, B., Bellamy, C., Jordan, G., Lichtenstein, S., Blair, F., de la Reza, P., Loranger, M., McKinney, C., Mihalakakos, G., Olsen, S., Williamson, B., & Kidd, S. (2020). Boundary crossing as a guide in the implementation of peer support interventions in mental health. *American Journal of Psychiatric Rehabilitation*.
22. Florence, A.C., **Miller, R.**, Bellamy, C., Bernard, P., Bien, C., Atterbury, K., Bragg, C., Diaz, A., Gardien, E., Guy, K., Hansen, C., Maclean, K., Milton, B., Nelson, L., Samoskevich, J., Smith, S., Stanojlovic, M., Wexler, T., Zorzanelli, R., Davidson L. (2020). When reality breaks from us: Lived experience wisdom in the Covid-19 era. *Psychosis*, DOI: 10.1080/17522439.2020.1817138
23. **Miller, R.**, Carr, ER, Olezeski, C, Silva, M, Ponce, AR. (2020). Recovery oriented supervision: A missing element in systems transformation. *American Journal of Psychiatric Rehabilitation*, 23(1-2), 67-75. <https://www.muse.jhu.edu/article/807526>.

Chapters, Books, and Reviews

1. **Miller, R.**, Ponce, A., & Thompson, K. (2011). Deinstitutionalization and the community mental health movement, 1954-1976. In eds. Michael Rowe, Martha Lawless, Ken Thompson, Larry Davidson. *Classics of Community Psychiatry*. Oxford University Press; New York NY. p. 9-20.
2. Tondora, J., **Miller, R.**, Slade, M., & Davidson, L. (2014). *Planning for recovery in mental health*. Wiley: New York.
3. Davidson, L., Tondora, J., **Miller, R.**, & O’Connell, M. (2015). Person centered care. In ed. Patrick Corrigan, *Person-Centered Care for Mental Illness: The Evolution of Adherence and Self-Determination*, American Psychological Association: Washington, DC.
4. Gupta, S., & **Miller, R.** (2019). Deprescribing and its application to psychiatry. In ed. Sandra Steingard. *Critical Psychiatry: Controversies and Clinical Implications*. Springer International Publications.
5. Gupta, S., **Miller, R.**, Cahill, J. (2019). *Deprescribing in psychiatry*. Oxford University Press, New York, NY.
6. **Miller, R.** & Pavlo, A. (2022) From deinstitutionalization to deprescribing. Pp. 183-205. In eds. Charlie Davidson and Meghan Stacy, *Recovering the Mental Health System: The Past, Present and Future of Psychosocial Interventions for Psychosis*. Cambridge University Press.

Invited Editorials and Commentaries

1. **Miller, R.** (2019). It’s the economics, stupid: The problem with paying people to take pills. Commentary published online in *Mad in America*, www.madinamerica.com/2019/07/paying-people-to-take-pills/
2. **Miller, R.** (2021). Living with Parkinson’s Disease while raising a family. Blog published online for *World Parkinson’s Coalition*, www.worldpdcongress.org/home/2021/1/11/living-well-with-pd-while-raising-a-family
3. **Miller, R.** (2021). 3 days before DBS. Blog published online for *Women’s Parkinson’s Project*, <https://www.womensparkinsonsproject.com/blog-posts/three-days-before-dbs>
4. **Miller, R.** (2022). Hospitals are meant to be a place of healing. Blog published online for *Women’s Parkinson’s Project*, <https://www.womensparkinsonsproject.com/blog-posts/hospitals-healing>
5. Phalen, P, **Miller, R.**, ... Carras, MC (2022). Peer support for discharge from inpatient mental health care. Letter to the editor, *Lancet Psychiatry*, accepted.